Thermophore will bring happy, soothing nights

The wonders of the moist heating pad called Thermophore bear repeating.

I've talked about this before but I think it bears repeating.

There's a moist heating pad called a Thermophore that you can get in some drug stores or medical supply places. You put it on top of your mattress, under the mattress pad and sheet and you'll be very happy.

It stays on for a certain amount of time and then it shuts itself off. By pressing a button you can start it up again.

I don't know how I came to know about this but I'm so glad I did and if you get one I believe you will be very happy to have it too.